



NOURISHING A BRIGHTER FUTURE TOGETHER

# Dining at The Derryfield School



Let's Connect! #FLIKHospitality

COOKING UP A NEW PARTNERSHIP



## *It's Nice to Meet you!*

**FLIK Independent School Dining is proud to announce its new partnership with The Derryfield School as its new dining services provider. We are honored to join the Derryfield Family.**

## *What to look forward to*

Menus featuring fresh, nutritious items, created on your campus from scratch, specifically designed with your student's needs in mind. Menus are live and can be found by visiting Derryfield's website.

The Derryfield School will be supported throughout the school year by our on-site and regional support teams to ensure that our standards and your school's unique needs are being served.

We are experts in our industry,  
have endless talent on our  
teams, and are truly  
passionate about what we do.  
We cannot wait to serve you!



# Welcome to FISO



your **new** dining  
experience at



The Derryfield School



## Comet Coffee Shop

Offering coffee, tea, smoothies & more to power Comets through their day.



## Grill

Serving fresh cook-to-order selections.



## Pizza

Fresh pizzas with homemade pizza sauce served daily.



## Salad Bar

Build the salad of your wildest dreams! Featuring fresh homemade salad dressing.



## Chef's Selection

Rotating daily, this station pushes students to explore their tastebuds.



## Deli

There's no "sub"stitute for a good sandwich.



## Bowl'd

Build your own out of this world bowls! From Burrito Bowls to Power Bowls and everything in between.



## Grab & Go

For the student on-the-go, grab a quick lunch of reliable favorites here.



## Snack Station

Work hard, snack often. Indulge your snack cravings.

Fall 2023  
Sneak Peek!



## MONTHLY MENU SELECTIONS

Food by FLIK

	MON	TUE	WED	THU	FRI
Week 1	<b>BBQ Pulled Pork</b> Creamy Mac & Cheese Roasted Carrots	<b>Quesadillas</b> <i>with Chilies or 3 Cheese</i> Spanish Rice Salsa	<b>Sweet &amp; Sour Chicken</b> White Rice Sweet Chili Steamed Vegetables	<b>Revved Up Meatballs</b> Spaghetti Roasted Broccoli	<b>Crispy Fried Fish</b> Black Pepper Potato Wedges Brussels Sprouts
Week 2	<b>Philly Cheese Steak</b> Roasted Sweet Potatoes Vegetable Medley	<b>Chicken Tinga Tacos</b> Cilantro Lime Rice <i>Roasted Corn with Peppers</i>	<b>Mongolian Beef</b> Jasmine Rice <i>Sauteed Snap Peas</i>	<b>BBQ Chicken Cheddar Grilled Cheese</b> Baked Sweet Potato Fries Brussels Sprouts	<b>Cajun Salmon with Pineapple Salsa</b> Cajun Coleslaw Vegetable Medley
Week 3	<b>Chicken Parmesan</b> Penne Marinara Balsamic Roasted Vegetables	<b>Beef Enchiladas</b> Spanish Rice <i>Adobo Roasted Cauliflower</i>	<b>Roasted Seasoned Wings</b> Garlic Potatoes Carrot & Celery Cup	<b>Beef Shepard's Pie</b> Roasted Carrots <i>Steamed Green Peas</i>	<b>Grilled Shrimp Sandwich</b> Chickpea Quinoa Slider <i>Fried Okra</i>
Week 4	<b>Turkey Bolognese</b> Penne & Revved Up Marinara Roasted Broccoli	<b>Chili Lime Chicken Burrito</b> Mexican Rice <i>Sauteed Zucchini</i>	<b>Smoked Turkey Provolone Melt</b> Baked Tater Tots Roasted Broccoli	<b>Chicken Tzatziki Gyro</b> Rice Pilaf Green Beans & Cherry Tomatoes	<b>Cuban Sandwich</b> Sweet Potato Wedges Vegetable Medley
Week 5	<b>Pork Pad Thai</b> Sauteed Snap Peas Sesame Green Beans	<b>Steak Cheddar Quesadilla</b> Cilantro Lime Rice <i>Roasted Zucchini</i>	<b>French Toast Casserole</b> Bacon Broccoli & Cheddar Frittata	<b>Buffalo Chicken Mac &amp; Cheese</b> Steamed Green Peas Roasted Rainbow Carrots	<b>Sausage &amp; Shrimp Jambalaya</b> Steamed White Rice Vegetable Medley

### Bowl'd Selections Rotate Weekly:

Week 1:	Week 2:	Week 3:	Week 4:	Week 5:
Korean Fried Chicken Bowl	Turkey Meatball Bowl	Shio Broth Ramen Bowl	Buffalo Chicken Mac & Cheese Bowl	Steak Burrito Bowl



September 2023  
Menu Peek!

# WEEKLY MENU SELECTIONS

## MONDAY

### Chef's Selection

Chicken  
Fettuccine Alfredo  
Parmesan  
Bread Sticks  
Roasted Broccolini

### Bowl'd

Mediterranean  
Salad Trio Bowl

### The Grill

Daily Selections of  
Grill Favorites

### Pizza

Daily Selections of  
fresh Pizza and  
Calzones

### Deli

Daily Selection of  
Sandwiches

### Soup

Chicken Noodle  
Cream of Broccoli  
& Cheddar

## TUESDAY

### Chef's Selection

Turkey Tacos  
Cilantro Lime  
Brown Rice  
Steamed Peppers  
& Corn

### Bowl'd

Mediterranean  
Salad Trio Bowl

### The Grill

Daily Selections of  
Grill Favorites

### Pizza

Daily Selections of  
fresh Pizza and  
Calzones

### Deli

Daily Selection of  
Sandwiches

### Soup

Chicken Noodle  
Vegetable Tortilla

## WEDNESDAY

### Chef's Selection

Beef Lasagna  
Garlic Bread  
Roasted Garlic  
Green Beans

### Bowl'd

Mediterranean  
Salad Trio Bowl

### The Grill

Daily Selections of  
Grill Favorites

### Pizza

Daily Selections of  
fresh Pizza and  
Calzones

### Deli

Daily Selection of  
Sandwiches

### Soup

Chicken Noodle  
Cream of Tomato

## THURSDAY

### Chef's Selection

Teriyaki Chicken  
Thighs  
Brown Rice  
Sweet Chili  
Vegetables

### Bowl'd

Mediterranean  
Salad Trio Bowl

### The Grill

Daily Selections of  
Grill Favorites

### Pizza

Daily Selections of  
fresh Pizza and  
Calzones

### Deli

Daily Selection of  
Sandwiches

### Soup

Chicken Noodle  
Vegetarian  
Minestrone

## FRIDAY

### Chef's Selection

BBQ Shredded  
Beef Slider  
Baked Sweet  
Potato Fries  
Brussels Sprouts

### Bowl'd

Mediterranean  
Salad Trio Bowl

### The Grill

Daily Selections of  
Grill Favorites

### Pizza

Daily Selections of  
fresh Pizza and  
Calzones

### Deli

Daily Selection of  
Sandwiches

### Soup

Chicken Noodle  
Creamy Mushroom

Food by FLIK

# Rotating

## THE GRILL

### All-Natural Hamburger & Cheeseburger

*Using beef raised without the use of antibiotics or growth hormones.*

### Grilled Chicken Breast

### Chipotle Black Bean Burger

*Vegetarian*

### Fried Chicken Tenders

*Hand-breaded using fresh, never frozen chicken.*

### French Fries

## SALAD BAR

### Stocked with fresh in-season produce

*All salad dressings are house made.*

### Dressing Options:

Ranch, Caesar, Honey Mustard, 1000 Island, Blue Cheese, Raspberry Vinaigrette, Balsamic Vinaigrette, Extra Virgin Olive Oil, Red Wine Vinegar, and Balsamic Vinegar

## DESSERTS

### Fresh Baked Cookies

### Bite-Sized Delights

*Rotates, featuring house made Rice Krispie Treats and Dessert Bars*

### Seasonal Sweet Treats

## THE DELI

### Specialty Bread & Wrap Options

### Turkey & Provolone Sub

*Using house roasted turkey breast.*

### Roast Beef & Cheddar Sub

### Ham & American Cheese Sub

### Italian Combo

### Tuna Salad & Cheddar on Gourmet

### Bread

### Roasted Veggie & Hummus Wrap

*Vegetarian*

### Veggie & Hummus Wrap

*Vegan*

## PIZZA

### Pepperoni

### Meat Lover's

### Cheese

*We bake pizzas fresh daily using house made pizza sauce*



Food by FLIK

# Classics



We are  
*so happy*  
to serve you

*Welcome!*

FLIK Independent School Dining is proud to be joining the Derryfield School Community as your dining service partner in the upcoming year. We can't wait to meet you!

### ***What is FLIK'S Food Philosophy?***

As a culinary driven organization from inception, FLIK'S focus has always been cooking from fresh, whole foods and using quality ingredients. Our mission is to provide wholesome, nutritious meals that fuel the minds of our campus communities.

### ***How are Menus Created?***

The on-site chef creates menus with local/regional flavors and ingredients. They receive guidance, training, and suggestions for on-trend, innovative ideas from a central FLIK culinary, nutrition, and marketing team.

### ***What if I have an Allergy or Special Dietary Need?***

FLIK believes in a customized approach to serving students with special dietary needs. Schools receive support from registered dietitians regarding training, operation management, and communication to ensure safety. Please reach out to our on-site team with any questions, comments, or concerns.

We are thrilled to be a part of the Derryfield School Community and look forward to your feedback. Your manager can be contacted for any of your dining needs or food innovations.



# Introducing...

## THE NEW DINING SPACE

