



NOURISHING A BRIGHTER FUTURE TOGETHER

Dining at The Derryfield School



Let's Connect! #FLIKHospitality

COOKING UP A NEW PARTNERSHIP



It's Nice to Meet you!

FLIK Independent School Dining is proud to announce its new partnership with The Derryfield School as its new dining services provider. We are honored to join the Derryfield Family.

What to look forward to

Menus featuring fresh, nutritious items, created on your campus from scratch, specifically designed with your student's needs in mind. Menus are live and can be found by visiting Derryfield's website.

The Derryfield School will be supported throughout the school year by our on-site and regional support teams to ensure that our standards and your school's unique needs are being served.

We are experts in our industry, have endless talent on our teams, and are truly passionate about what we do. We cannot wait to serve you!



Welcome to FISO



your **new** dining
experience at



The Derryfield School



Comet Coffee Shop

Offering coffee, tea, smoothies & more to power Comets through their day.



Grill

Serving fresh cook-to-order selections.



Pizza

Fresh pizzas with homemade pizza sauce served daily.



Salad Bar

Build the salad of your wildest dreams! Featuring fresh homemade salad dressing.



Chef's Selection

Rotating daily, this station pushes students to explore their tastebuds.



Deli

There's no "sub"stitute for a good sandwich.



Bowl'd

Build your own out of this world bowls! From Burrito Bowls to Power Bowls and everything in between.



Grab & Go

For the student on-the-go, grab a quick lunch of reliable favorites here.



Snack Station

Work hard, snack often. Indulge your snack cravings.

Fall 2023
Sneak Peek!



MONTHLY MENU SELECTIONS

Food by FLIK

MON TUE WED THU FRI

	MON	TUE	WED	THU	FRI
Week 1	BBQ Pulled Pork Creamy Mac & Cheese Roasted Carrots	Quesadillas <i>with Chilies or 3 Cheese</i> Spanish Rice Salsa	Sweet & Sour Chicken White Rice Sweet Chili Steamed Vegetables	Revved Up Meatballs Spaghetti Roasted Broccoli	Crispy Fried Fish Black Pepper Potato Wedges Brussels Sprouts
Week 2	Philly Cheese Steak Roasted Sweet Potatoes Vegetable Medley	Chicken Tinga Tacos Cilantro Lime Rice <i>Roasted Corn with Peppers</i>	Mongolian Beef Jasmine Rice <i>Sauteed Snap Peas</i>	BBQ Chicken Cheddar Grilled Cheese Baked Sweet Potato Fries Brussels Sprouts	Cajun Salmon with Pineapple Salsa Cajun Coleslaw Vegetable Medley
Week 3	Chicken Parmesan Penne Marinara Balsamic Roasted Vegetables	Beef Enchiladas Spanish Rice Adobo Roasted Cauliflower	Roasted Seasoned Wings Garlic Potatoes Carrot & Celery Cup	Beef Shepard's Pie Roasted Carrots Steamed Green Peas	Grilled Shrimp Sandwich Chickpea Quinoa Slider Fried Okra
Week 4	Turkey Bolognese Penne & Revved Up Marinara Roasted Broccoli	Chili Lime Chicken Burrito Mexican Rice Sauteed Zucchini	Smoked Turkey Provolone Melt Baked Tater Tots Roasted Broccoli	Chicken Tzatziki Gyro Rice Pilaf Green Beans & Cherry Tomatoes	Cuban Sandwich Sweet Potato Wedges Vegetable Medley
Week 5	Pork Pad Thai Sauteed Snap Peas Sesame Green Beans	Steak Cheddar Quesadilla Cilantro Lime Rice Roasted Zucchini	French Toast Casserole Bacon Broccoli & Cheddar Frittata	Buffalo Chicken Mac & Cheese Steamed Green Peas Roasted Rainbow Carrots	Sausage & Shrimp Jambalaya Steamed White Rice Vegetable Medley

Bowl'd Selections Rotate Weekly:

Week 1:	Week 2:	Week 3:	Week 4:	Week 5:
Korean Fried Chicken Bowl	Turkey Meatball Bowl	Shio Broth Ramen Bowl	Buffalo Chicken Mac & Cheese Bowl	Steak Burrito Bowl

September 2023
Menu Peek!



WEEKLY MENU SELECTIONS

MONDAY

Chef's Selection

Chicken
Fettuccine Alfredo
Parmesan
Bread Sticks
Roasted Broccolini

Bowl'd

Mediterranean
Salad Trio Bowl

The Grill

Daily Selections of
Grill Favorites

Pizza

Daily Selections of
fresh Pizza and
Calzones

Deli

Daily Selection of
Sandwiches

Soup

Chicken Noodle
Cream of Broccoli
& Cheddar

TUESDAY

Chef's Selection

Turkey Tacos
Cilantro Lime
Brown Rice
Steamed Peppers
& Corn

Bowl'd

Mediterranean
Salad Trio Bowl

The Grill

Daily Selections of
Grill Favorites

Pizza

Daily Selections of
fresh Pizza and
Calzones

Deli

Daily Selection of
Sandwiches

Soup

Chicken Noodle
Vegetable Tortilla

WEDNESDAY

Chef's Selection

Beef Lasagna
Garlic Bread
Roasted Garlic
Green Beans

Bowl'd

Mediterranean
Salad Trio Bowl

The Grill

Daily Selections of
Grill Favorites

Pizza

Daily Selections of
fresh Pizza and
Calzones

Deli

Daily Selection of
Sandwiches

Soup

Chicken Noodle
Cream of Tomato

THURSDAY

Chef's Selection

Teriyaki Chicken
Thighs
Brown Rice
Sweet Chili
Vegetables

Bowl'd

Mediterranean
Salad Trio Bowl

The Grill

Daily Selections of
Grill Favorites

Pizza

Daily Selections of
fresh Pizza and
Calzones

Deli

Daily Selection of
Sandwiches

Soup

Chicken Noodle
Vegetarian
Minestrone

FRIDAY

Chef's Selection

BBQ Shredded
Beef Slider
Baked Sweet
Potato Fries
Brussels Sprouts

Bowl'd

Mediterranean
Salad Trio Bowl

The Grill

Daily Selections of
Grill Favorites

Pizza

Daily Selections of
fresh Pizza and
Calzones

Deli

Daily Selection of
Sandwiches

Soup

Chicken Noodle
Creamy Mushroom

Rotating

THE GRILL

All-Natural Hamburger & Cheeseburger

Using beef raised without the use of antibiotics or growth hormones.

Grilled Chicken Breast

Chipotle Black Bean Burger

Vegetarian

Fried Chicken Tenders

Hand-breaded using fresh, never frozen chicken.

French Fries

SALAD BAR

Stocked with fresh in-season produce

All salad dressings are house made.

Dressing Options:

Ranch, Caesar, Honey Mustard, 1000 Island, Blue Cheese, Raspberry Vinaigrette, Balsamic Vinaigrette, Extra Virgin Olive Oil, Red Wine Vinegar, and Balsamic Vinegar

DESSERTS

Fresh Baked Cookies

Bite-Sized Delights

Rotates, featuring house made Rice Krispie Treats and Dessert Bars

Seasonal Sweet Treats

THE DELI

Specialty Bread & Wrap Options

Turkey & Provolone Sub

Using house roasted turkey breast.

Roast Beef & Cheddar Sub

Ham & American Cheese Sub

Italian Combo

Tuna Salad & Cheddar on Gourmet

Bread

Roasted Veggie & Hummus Wrap

Vegetarian

Veggie & Hummus Wrap

Vegan

PIZZA

Pepperoni

Meat Lover's

Cheese

We bake pizzas fresh daily using house made pizza sauce



Food by FLIK

Classics



We are
so happy
to serve you

Welcome!

FLIK Independent School Dining is proud to be joining the Derryfield School Community as your dining service partner in the upcoming year. We can't wait to meet you!

What is FLIK'S Food Philosophy?

As a culinary driven organization from inception, FLIK'S focus has always been cooking from fresh, whole foods and using quality ingredients. Our mission is to provide wholesome, nutritious meals that fuel the minds of our campus communities.

How are Menus Created?

The on-site chef creates menus with local/regional flavors and ingredients. They receive guidance, training, and suggestions for on-trend, innovative ideas from a central FLIK culinary, nutrition, and marketing team.

What if I have an Allergy or Special Dietary Need?

FLIK believes in a customized approach to serving students with special dietary needs. Schools receive support from registered dietitians regarding training, operation management, and communication to ensure safety. Please reach out to our on-site team with any questions, comments, or concerns.

We are thrilled to be a part of the Derryfield School Community and look forward to your feedback. Your manager can be contacted for any of your dining needs or food innovations.



Introducing...
**THE NEW DINING
SPACE**

AMITY COFFEE

BISHOP KELLEY